



AWARDEE REPORT FORM

NAME	RASYIDAH REHIR
TWITTER HANDLE* <i>optional</i>	-
UNIVERSITY	UNIVERSITI KEBANGSAAN MALAYSIA
NAME OF AWARD	SYMINGTON BEQUEST FUND AWARDS 2025/26
PURPOSE OF AWARD <i>conference/event attended/organised (full name) with city and dates.</i>	
ANATOMY ADVANCES 2026: BRIDGING CLINICAL AND SURGICAL ANATOMY FOR MEDICAL CONFERENCE 2026, BIRMINGHAM, 25TH-26TH MAY 2026	
REPORT: What were your anticipated benefits? <i>Minimum number of words between 200-400. Please write in coherent paragraphs.</i>	
<p>Attending and participating in the Anatomy Advances 2026: Bridging Clinical and Surgical Anatomy for Medical Conference in Birmingham presented a vital opportunity for my dual roles as both an educator and an active researcher. My primary anticipation was to position myself at the forefront of contemporary anatomical science by engaging with cutting-edge research and modern pedagogical methodologies. As an educator, staying abreast of the latest evidence-based anatomical data is essential to ensuring that the curriculum I deliver remains robust, modern, and clinically relevant for medical students. I anticipated that the insights gained here would allow me to seamlessly bridge the gap between abstract textbook anatomy and its practical, real-world applications in clinical and surgical settings.</p> <p>Furthermore, from a research perspective, I sought to benchmark my own ongoing scientific endeavors against the global standard of the anatomical community. I aimed to gain a clearer understanding of the emerging trends dominating the field, particularly regarding advanced cadaveric preservation methods. By immersing myself in this high-level academic environment, I expected to gather crucial feedback, discover novel analytical approaches, and identify critical gaps in the current literature that my future projects could address. Ultimately, my anticipated benefit was a comprehensive upgrading of my professional portfolio, combining refined teaching insights with a revitalized, globally informed research trajectory that would directly benefit my home institution.</p>	
COMMENTS: Describe your experience at the conference / lab visit / course / seminar/ event. <i>Minimum number of words between 200-400. Please write in coherent paragraphs.</i>	

My experience at the Anatomy Advances 2026 conference in Birmingham was profoundly enriching and highly collaborative. I was deeply honored to have been selected as a session speaker, which granted me a magnificent platform to showcase recent anatomical trends originating out of Asia. Specifically, I presented our team's systematic review and bibliometric analysis, conducted strictly according to PRISMA guidelines, which evaluated literature published between the years 2021 and 2025 focusing on soft embalming methods. The presentation detailed the methodologies, modifications, and practical applications of various soft-embalming techniques, including Thiel's method, ethanol-based techniques, and saturated salt solutions.

Beyond my own oral presentation, the overall conference program was extraordinarily well-structured, featuring a diverse array of workshops, plenary lectures, and poster sessions that sparked intense scientific curiosity. The environment was highly conducive to networking; I had the invaluable opportunity to interact face-to-face with an array of international anatomists, veteran clinicians, and pioneering researchers representing a multitude of global institutions. Engaging in deep conversations during the breakout sessions allowed us to compare notes on institutional resources, regional challenges in cadaveric procurement, and the evolution of surgical training simulators. This immersive experience served as an excellent stepping stone for future international collaborations, effectively bridging different anatomical disciplines and helping to build lasting professional relationships that will undoubtedly span across borders and institutions for years to come.

REPORT: In relation to skills, what were the most important things you gained? *(does not apply to equipment grant.* For public engagement/outreach awards what did your audience gain and how did you evaluate success?

Minimum number of words between 200-400. Please write in coherent paragraphs.

The competencies and professional skills I acquired during this conference mark a distinct milestone in my career, particularly because this event marked my debut as an international oral session speaker. Speaking before an audience comprised entirely of subject-matter experts, senior professors, and seasoned clinicians significantly enhanced my public speaking capabilities and boosted my professional confidence. Navigating the subsequent question-and-answer segment forced me to think critically on my feet, articulate complex methodologies concisely, and defend my research parameters under academic scrutiny. The constructive feedback and technical critiques I received from the delegates provided me with fresh, invaluable perspectives on how to refine my data presentation and improve my overall communication style.

In addition to soft skills, I gained critical technical insights into the global evaluation of cadaveric preservation. Engaging with other experts allowed me to develop a sharper eye for evaluating the success, tissue flexibility, and antimicrobial longevity of different soft embalming modifications. This peer recognition of my current project findings has provided me with validation as a young, emerging researcher in this specialized niche. I have returned with an expanded capacity to design future studies, optimize qualitative analysis protocols, and implement higher standards of procedural safety and efficacy within my own laboratory environment.

REPORT: How do you think you will put this learning experience into practice in the future? For public engagement/outreach awards how with the materials/knowledge generated by this activity be used in the future?

Minimum number of words between 200-400. Please write in coherent paragraphs.

I intend to deliberately translate the knowledge, skills, and global insights acquired in Birmingham into actionable progress at my university. First and foremost, I will use this experience to spearhead modern laboratory updates regarding cadaveric preservation. By imparting up-to-date, evidence-based data on the specific modifications of soft preservation techniques, such as the operational benefits of saturated salt solutions versus Thiel's method, I can facilitate highly informed decision-making among our anatomy educators, institutional researchers, and clinical staff. This will directly influence the future direction of our local clinical and postgraduate surgical anatomy training programs, ensuring our trainees practice on highly realistic tissues.

On an educational front, I will integrate the newly discovered global trends into my classroom lectures, teaching medical students not just standard textbook anatomy, but showing them, how anatomical variations directly alter surgical approaches. Furthermore, the research methodologies discussed at the conference will reshape my academic output. I plan to scale up my current research project, moving beyond regional bibliometric reviews to actively investigate the broader global landscape of soft embalming. Armed with the network of international contacts I established, I aim to initiate multicenter collaborative trials that analyze the long-term structural integrity of soft-embalmed cadavers. This will allow us to publish high-impact, peer-reviewed data that contributes meaningfully to both pre-clinical education and advanced surgical simulation worldwide.

Data Protection/GDPR: I consent to the data included in this submission being collected, processed and stored by the Anatomical Society. **Answer YES or NO in the Box below**

YES

Graphical Images: If you include graphical images you must obtain consent from people appearing in any photos and confirm that you have consent. A consent statement from you must accompany each report if relevant. A short narrative should accompany the image. **Answer N/A not applicable, YES or NO in the box below**

YES

Copyright: If you submit images you must either own the copyright to the image or have gained the explicit permission of the copyright holder for the image to be submitted as part of the report for upload to the Society's website, Newsletter, social media and so forth. A copyright statement must accompany each report if relevant. **Answer N/A not applicable, YES or NO in the box below**

YES

SIGNATURE

RASYIDAH REHIR

DATE

07/06/26

If submitted electronically, a type-written name is acceptable in place of a hand-written signature

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