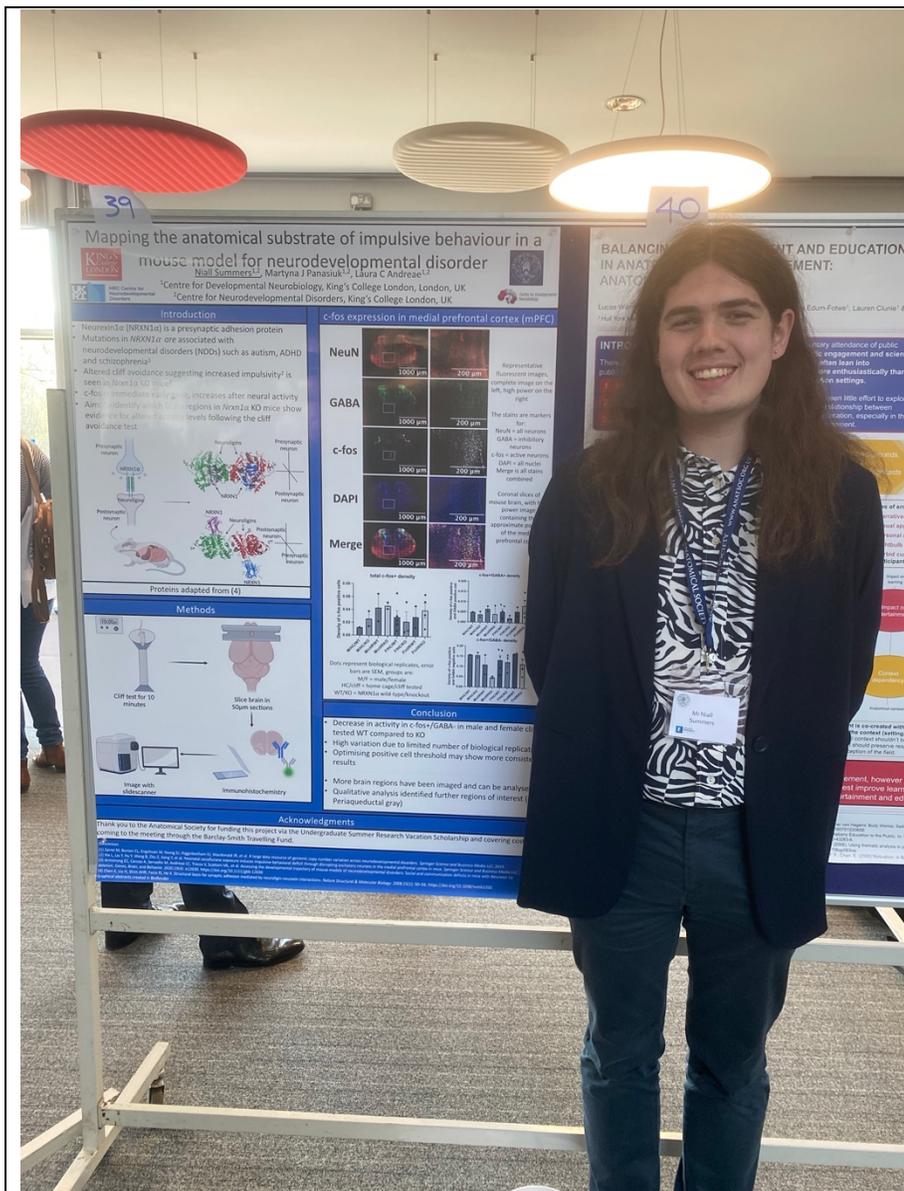




## AWARDEE REPORT FORM

NAME	Niall Summers
TWITTER HANDLE* <i>optional</i>	
UNIVERSITY	King's College London
NAME OF AWARD	Barclay Smith Award
PURPOSE OF AWARD <i>conference/event attended/organised (full name) with city and dates.</i>	
To cover costs of attending the Anatomical Society Winter Meeting Nottingham University, April 17 <sup>th</sup> to April 19 <sup>th</sup>	
REPORT: What were your anticipated benefits?	
<p>To be able to improve my communication skills through presentation of my poster, network with other scientists and anatomists and learn from the posters and presentations at the conference.</p> <p>I also wanted the opportunity to experience the environment of a conference, as this was my first one and would allow me to gain experience for future conferences, either with the anatomical society or other events.</p>	
COMMENTS: Describe your experience at the conference / lab visit / course / seminar/ event.	
<p>This was a highly positive experience. I was able to network with others, being able to simultaneously gain greater knowledge from anatomists and being able to talk to them about my research. I also gained greatly from the talks provided, with information gained from a range of topics, such as improving education or senescent cell removal.</p> <p>As well, during this conference, I was present during some student events. These allowed me to interact with others at a similar stage of their career and gain insight into experiences of other students doing different degrees. This led to interesting discussions, both among students and lecturers about the challenges of education during COVID-19, a particularly relevant topic given the topic of the conference</p>	



REPORT: In relation to skills, what were the most important things you gained? *(does not apply to equipment grant.* For public engagement/outreach awards what did your audience gain and how did you evaluate success?

I improved my communication and public speaking skills during this conference, as I was required to present my poster, which required me to present to people with different levels of knowledge on the area. I also improved my attention to detail in regard to creating and presenting my poster, to ensure that as much useful details were added and that I was correct in the information that I was providing to the audience.

I also improved in my interpersonal skills as I needed to interact with people I had never met before and attempt to develop a larger network.

I also had an opportunity to practise my critical thinking skills, by both being challenged by the questions I received from my research, as well as viewing others research and trying to understand the reasoning behind it, and what steps I would take to look to the future for this research. This was particularly interesting in the discussion of evidence-based teaching, because as a student I wouldn't normally associate

teaching with needing data to back it up, and this showed the importance of evidence based research in more than just the lab

**REPORT:** How do you think you will put this learning experience into practice in the future? For public engagement/outreach awards how with the materials/knowledge generated by this activity be used in the future?

This will allow me to be better at conveying knowledge, both within a scientific setting, but also hopefully I might be able to use this to engage better with other audiences such as within a public engagement setting.

In future, I hope to use my attention to detail skills to improve how I approach research, from beginning to end. The development of my poster has shown how important it is to understand the pre-existing research that unpins a study in order to try to understand how a system comes together, and this will hopefully improve how I perform research in future.

I will use my improved interpersonal skills in future conferences to hopefully continue to expand my network.

Finally, the critical thinking skills I have developed will be relevant throughout science. I can use them when critiquing research, developing hypotheses, analysing data, and many other situations. Hopefully practising use of critical thinking skills will improve my ability to work as an effective scientist.

**Data Protection/GDPR:** I consent to the data included in this submission being collected, processed and stored by the Anatomical Society. **Answer YES or NO in the Box below**

Yes

**Graphical Images:** If you include graphical images you must obtain consent from people appearing in any photos and confirm that you have consent. A consent statement from you must accompany each report if relevant. A short narrative should accompany the image. **Answer N/A not applicable, YES or NO in the box below**

Yes

**Copyright:** If you submit images you must either own the copyright to the image or have gained the explicit permission of the copyright holder for the image to be submitted as part of the report for upload to the Society's website, Newsletter, social media and so forth. A copyright statement must accompany each report if relevant. **Answer N/A not applicable, YES or NO in the box below**

Yes

SIGNATURE		DATE	12/05/2023
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*If submitted electronically, a type-written name is acceptable in place of a hand-written signature*

*File: AS-Award-Report-Form-220922 – International Conference*